



UPK

October

CHEESE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 nd Penne Marinara Meatballs String Beans	3 rd Chicken Patty Sandwich Carrots	4 th Ravioli Mixed Vegetables	5 th Whole Grain Chicken Nuggets Broccoli	6 th French Toast Sticks Carrot Sticks
9 th <u>NO LUNCH</u>	10 th Macaroni & Cheese Mixed Vegetables	11 th Cheeseburgers Peas	12 th Chicken Patty Sandwich Corn Niblets	13 th Grilled Cheese Broccoli
16 th Pizza Bagels Steamed Carrots	17 th Penne Marinara Meatballs String Beans	18 th Chicken & Cheese Quesadillas W/ Corn Niblets	19 th Whole Grain Chicken Nuggets w/ Mixed Vegetables	20 st Ravioli Broccoli
23 th Chicken Patty Sandwich String Beans	24 th Macaroni & Cheese Mixed Vegetables	25 th Grilled Cheese Peas & Carrots	26 th Raviolis Broccoli	27 th Chicken & Broccoli Rice
30 st Whole Grain Chicken Nuggets w/ Mixed Vegetables	31 st Turkey Wedge Sandwiches Sliced Cucumbers	1 st Pizza Bagels Broccoli	2 nd Cheeseburgers Peas & Carrots	3 rd Penne Marinara Meatballs String Beans

SANDWICH & FRESH FRUIT, MILK, APPLE JUICE, WATER AVAILABLE DAILY Allergy Concerns Please Call: Lenny Hillers Jr. 347-739-5158